

Data Protection and Privacy Policy

Beth Pill Counselling (“We”) are committed to protecting and respecting your privacy.

1. Introduction

This privacy notice provides you with details of how we collect and process your personal data through your use of our site www.bethpillcounselling.com including any information you may provide through our site when you purchase a product or service or use our contact forms.

Beth Pill Counselling is the data controller and we are responsible for your personal data (referred to as “we”, “us” or “our” in this privacy notice).

Contact Details

Our full details are: Beth Pill Counselling

Email address: bethpillcounselling@gmail.com

It is very important that the information we hold about you is accurate and up to date. Please let us know if at any time your personal information changes by emailing us.

2. What data do we collect about you?

Personal data means any information capable of identifying an individual. It does not include anonymised data. We may process certain types of personal data about you as follows:

- Identity Data may include your first name, maiden name, last name, username, marital status, title, date of birth and gender.
- Contact Data may include your billing address, delivery address, email address and telephone numbers.
- Financial Data may include your bank account and payment card details.
- Transaction Data may include details about payments between us and other details of purchases made by you.
- Technical Data may include your login data, internet protocol addresses, browser type and version, browser plug-in types and versions, time zone setting and location, operating system and platform and other technology on the devices you use to access this site.
- Profile Data may include your username and password, purchases or orders, your interests, preferences, feedback and survey responses.
- Usage Data may include information about how you use our website, products and services.

- Marketing and Communications Data may include your preferences in receiving marketing communications from us and our third parties and your communication preferences.

We may also process Aggregated Data from your personal data, but this data does not reveal your identity and is not classified as personal data. An example of this is where we review your Usage Data to work out the percentage of website users using a specific feature of our site. If we link the Aggregated Data with your personal data so that you can be identified from it, then it is treated as personal data.

Sensitive Data

We may collect some sensitive data about you to deliver services specifically tailored to your needs, but only with your explicit consent. Providing us with this data is always optional and may include:

- Any relevant physical / mental health issues.
- Any relevant religious / cultural information relating to beliefs about your belongings.
- Name and details of partner / children / dependants / pets in property.

We require your explicit consent for processing sensitive data, so should you choose to use our services, we will require you to read and sign a contract that asks for you to confirm your consent to this processing.

Where we are required to collect personal data by law, or under the terms of the contract between us, and you do not provide us with that data when requested, we may not be able to perform the contract (for example, to deliver goods or services to you). If you don't provide us with the requested data, we may have to cancel a product or service you have ordered, but if we do, we will notify you at the time.

3. How we collect your personal data

We collect data about you through a variety of different methods including:

- **Direct interactions:** You may provide data by filling in forms on our site (or otherwise) or by communicating with us by phone, email or otherwise, including when you:
 - order or subscribe to our products or services;
 - request resources or marketing be sent to you;
 - or, give us feedback.
- **Automated technologies or interactions:** As you use our site, we may automatically collect Technical Data about your equipment, browsing actions and usage patterns. We collect this data by using cookies, server logs and similar technologies. We may also receive Technical Data about you if you visit other websites that use our cookies.

- Third parties or publicly available sources: We may receive personal data about you from various third parties and public sources as set out below;
 - Technical Data from the following parties:
 - analytics providers such as Google based outside the EU;
 - advertising networks, such as Facebook based outside the EU,
 - search information providers, such as Google based outside the EU.
 - Identity and Contact Data from publicly available sources such as Companies House and the Electoral Register based inside the EU.

4. How we use your personal data

We will only use your personal data when legally permitted. The most common uses of your personal data are:

- Where we need to perform the contract between us.
- Where it is necessary for our legitimate interests (or those of a third party) and your interests and fundamental rights do not override those interests.
- Where we need to comply with a legal or regulatory obligation.

Purposes for processing your personal data

Set out below is a description of the ways we intend to use your personal data and the legal grounds on which we will process such data. We have also explained what our legitimate interests are where relevant.

We may process your personal data for more than one lawful ground, depending on the specific purpose for which we are using your data. Please email us if you need details about the specific legal ground we are relying on to process your personal data.

Purpose/Activity: To register you as a new customer

Type of Data: (a) Identity, (b) Contact

Lawful basis for processing: Performance of a contract with you.

Purpose/Activity: To process and deliver your order including;

(a) Manage payments, fees and charges

(b) Collect and recover money owed to us

Type of Data: (a) Identity, (b) Contact, (c) Financial, (d) Transaction, (e) Marketing and Communications

Lawful basis for processing: (a) Performance of a contract with you, (b) Necessary for our legitimate interests to recover debts owed to us

Purpose/Activity: To manage our relationship with you which will include;

(a) Notifying you about changes to our terms or privacy policy

(b) Asking you to leave a review or take a survey

Type of Data: (a) Identity, (b) Contact, (c) Profile, (e) Marketing and Communications

Lawful basis for processing: (a) Performance of a contract with you, (b) Necessary to comply with a legal obligation, (c) Necessary for our legitimate interests to keep our records updated and to study how customers use our products/services

Purpose/Activity: To administer and protect our business and our site (including troubleshooting, data analysis, testing, system maintenance, support, reporting and hosting of data)

Type of Data: (a) Identity, (b) Contact, (c) Technical

Lawful basis for processing: (a) Necessary for our legitimate interests for running our business, provision of administration and IT services, network security, to prevent fraud and in the context of a business reorganisation or group restructuring exercise, (b) Necessary to comply with a legal obligation

Purpose/Activity: To deliver relevant content and advertisements to you and measure and understand the effectiveness of our advertising

Type of Data: (a) Identity, (b) Contact, (c) Profile, (d) Usage, (e) Marketing and Communications, (f) Technical

Lawful basis for processing: Necessary for our legitimate interests to study how customers use our products/services, to develop them, to grow our business and to inform our marketing strategy

Purpose/Activity: To use data analytics to improve our website, products/services, marketing, customer relationships and experiences

Type of Data: (a) Technical, (b) Usage

Lawful basis for processing: Necessary for our legitimate interests to define types of customers for our products and services, to keep our site updated and relevant, to develop our business and to inform our marketing strategy

Change of purpose

We will only use your personal data for the purposes for which we collected it, unless we reasonably consider that we need to use it for another reason and that reason is compatible with the original purpose. If you wish to find out more about how the processing for the new purpose is compatible with the original purpose, please email us at bethpillcounselling@gmail.com.

If we need to use your personal data for a purpose unrelated to the purpose for which we collected the data, we will notify you and we will explain the legal ground of processing.

We may process your personal data without your knowledge or consent where this is required or permitted by law.

5. International transfers

Countries outside of the European Economic Area (EEA) do not always offer the same levels of protection to your personal data, so European law has prohibited transfers of personal data outside of the EEA unless the transfer meets certain criteria.

Many of our third parties service providers are based outside the European Economic Area (EEA) so their processing of your personal data will involve a transfer of data outside the EEA.

Whenever we transfer your personal data out of the EEA, we do our best to ensure a similar degree of security of data by ensuring at least one of the following safeguards is implemented:

- We will only transfer your personal data to countries that European Commission have approved as providing an adequate level of protection for personal data by; or
- Where we use certain service providers, we may use specific contracts or codes of conduct or certification mechanisms approved by the European Commission which give personal data the same protection it has in Europe; or
- Where we use providers based in the United States, we may transfer data to them if they are part of the EU-US Privacy Shield which requires them to provide similar protection to personal data shared between the Europe and the US.

If none of the above safeguards is available, we may request your explicit consent to the specific transfer. You will have the right to withdraw this consent at any time.

6. Data security

We have put in place appropriate security measures to prevent your personal data from being accidentally lost, used, altered, disclosed, or accessed without authorisation. We limit access to your personal data to third parties who have a business need to know such data and they are subject to a duty of confidentiality.

Confidentiality is embedded in all the work we do, however there are some exceptions to this:

- If we believe you are at risk of giving or receiving serious harm from yourself or others.
- If there is a legal requirement to breach confidentiality (drug trafficking, terrorism, a subpoena from a court of law).
- If you wish for us to discuss something you have discussed with another party.
- We receive supervision regarding our counselling work; however, the supervision itself is kept confidential.

We have put in place procedures to deal with any suspected personal data breach and will notify you and any applicable regulator of a breach within 72 hours of becoming aware of it, where we are legally required to do so.

7. Data retention

We will only retain your personal data for 7 years following the end of working together, or if under 18 years old either 7 years from ending working together or 5 years from when you turn 18, whichever is longer. This is to satisfy both our insurance and Guernsey Data Protection requirements.

In some circumstances you can ask us to delete your data: see below for further information.

8. Your legal rights

Under certain circumstances, you have rights under data protection laws in relation to your personal data which include the right to:

- **RIGHT 1: Right to information for personal data collected from data subject.**
- **RIGHT 2: Right of access.**
- **RIGHT 3: Right to object to processing for direct marketing purposes.**
- **RIGHT 4: Right to object to processing on grounds of public interest.**
- **RIGHT 5: Right to object to processing for historical or scientific purposes.**
- **RIGHT 6: Right to rectification.**
- **RIGHT 7: Right to erasure.**
- **RIGHT 8: Right to restriction of processing.**
- **RIGHT 9: Right not to be subject to decisions based on automated processing.**
- **RIGHT 10: Right to data portability.**

You can see more about these rights at: <https://www.odpa.gg/information-hub/information-rights/>.

If you wish to exercise any of the rights set out above, please email us at bethpillcounselling@gmail.com.

You will not have to pay a fee to access your personal data (or to exercise any of the other rights). However, we may charge a reasonable fee if your request is clearly unfounded, repetitive or excessive. Alternatively, we may refuse to comply with your request in these circumstances.

We may need to request specific information from you to help us confirm your identity and ensure your right to access your personal data (or to exercise any of your other rights). This is a security measure to ensure that personal data is not disclosed to any person who has no right to receive it. We may also contact you to ask you for further information in relation to your request to speed up our response.

We try to respond to all legitimate requests within one month, however on occasion it may take us longer than a month if your request is particularly complex or you have made several requests. In this case, we will notify you and keep you updated.

If you are unhappy with any aspect of how we collect and use your data, you have the right to complain to the Office of the Data Protection Authority (ODPA), the Guernsey supervisory authority for data protection issues (www.odpa.gg). We should be grateful if you would contact us first if you do have a complaint so that we can try to resolve it for you.

9. Third-party links

This website may include links to third-party websites, plug-ins and applications. Clicking on those links or enabling those connections may allow third parties to collect or share data about you. We do not control these third-party websites and are not responsible for their privacy statements. When you leave our website, we encourage you to read the privacy notice of every website you visit.

10. Cookies

You can set your browser to refuse all or some browser cookies, or to alert you when websites set or access cookies. If you disable or refuse cookies, please note that some parts of this website may become inaccessible or not function properly.